

Your Animal Has Been Trying to Tell You Something.

Here's How to Hear It.



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About Maribeth

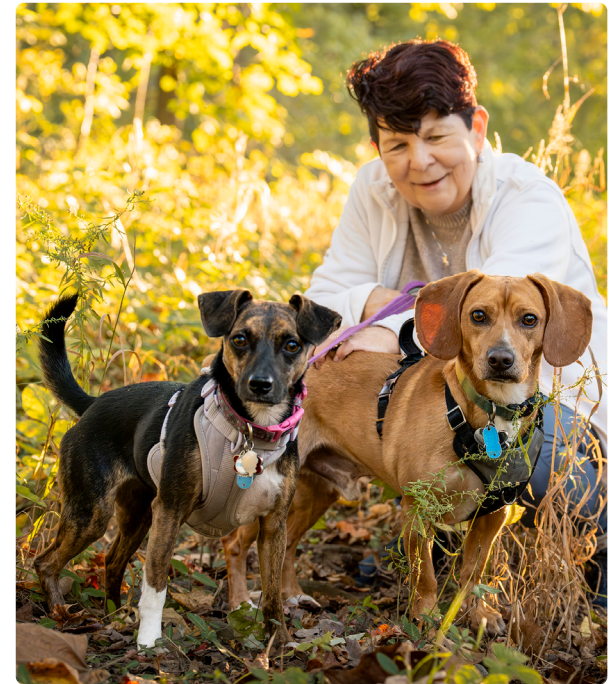
Maribeth Decker of SacredGrove.com is considered an expert in intuitive animal communication, medical intuition, and energy healing.

As an Animal Communicator for “Pawsitive” Changes, she offers more than just animal communication. She leads pets - and their people - to a place of emotional, behavioral and physical healing.

Based on her extensive experience with animal transitions, Maribeth wrote the Amazon bestseller, *Peace in Passing: Comfort for Loving Humans During Animal Transitions*. Her book provides a roadmap to help guardians navigate this difficult leg of their animal's life.

To date, Maribeth has completed over 1,500 sessions with people and their pets. Her clients have come from Australia, Canada, the Czech Republic, England, France, the French West Indies, Germany, Norway, Scotland, Switzerland and Thailand as well as the U.S.

For those who want to learn animal communication, Maribeth offers The Journey Begins, a self-paced online course you can move through in your own time. This skill deepens the bond with your own animals and allows you to communicate with animals you work with.



TRAINING & EXPERIENCE

- MS, Naval Postgraduate School; MGA, University of Maryland
- BA, Pre-med and Psychology, University at Buffalo
- Basic & Advanced Medical Intuition with Tina Zion
- Personally recommended by Tina Zion
- Reiki Master
- Communication With All Life University (CWALU) with Joan Ranquet
- Animal Communication, Akashic Records, Psychic Development courses with Lori Spagna
- An Advanced Psychic Development Intensive, Association for Research & Enlightenment (A.R.E.)
- Healing Energy and Learning (H.E.A.L) Level 1
- Basic Quantum-Touch® Energy Healing and Advanced Quantum-Touch® Supercharging
- Graduate, National Massage Therapy Institute
- Retired Lieutenant Commander, USN

INTRODUCTION

Have you noticed something different?

Maybe their behavior has shifted. Maybe their energy feels off.
Maybe nothing obvious has changed
— and yet something doesn't feel the same.

You might find yourself wondering:

"Is this just a phase?"

"Am I overthinking this?"

"What are they trying to tell me?"

Here's what I know after years of listening to animals:

You're not imagining it.

Animals communicate constantly — through behavior, energy, and presence.
Especially when something in their world has shifted. And when you sense that
shift, it's worth listening to.

Not because something is wrong. Because something is being expressed.

And here's the part that surprises most people:

Relief can begin the moment both of you feel heard.

Not after the behavior is fixed. Not after every question is answered.
Right there — in the listening.

This guide will help you begin to recognize what your animal may be
communicating, so you can meet them with understanding
and respond with clarity, compassion, and confidence.



1. When Behavior Shifts, There Is Meaning

So many times, I hear: “They’ve never done this before.”

A sudden change in behavior — even a subtle one — is rarely random. Animals communicate through what they do. Through what they stop doing. Through how they position themselves in relationship to you.

A dog who suddenly becomes clingy. A cat who begins hiding. A horse who resists what was once enjoyable. An older companion who grows quieter, or more watchful.

These shifts aren’t problems to correct. They’re expressions to understand.

Something in their internal or external world has changed — and behavior is how they’re telling you.

The message might relate to physical discomfort, emotional stress, a change in environment or routine, your own emotional state, or a deeper life transition.

The important thing isn’t to rush toward fixing. It’s to begin with curiosity.

TRY THIS:

Before correcting or managing, pause.
Sit quietly near them.
Slow your breathing. Notice what you feel in your own body.
Then gently ask — aloud or internally:

“What are you showing me right now?”

You don’t need to force an answer.
The first step is simply recognizing that behavior is communication — and that you’re willing to listen.



2. When the Vet Says “They’re Fine” — But You Feel Something Isn’t

Sometimes the concern isn’t dramatic.

Their eyes look slightly different. They seem a little withdrawn.

Their energy feels off in a way you can’t quite name.

You’ve ruled out the obvious — and yet your intuition keeps nudging you.

That nudge matters.

Animals can experience subtle physical discomfort that hasn’t fully surfaced, emotional stress or grief, environmental strain, or a response to something shifting within the household. Wellness isn’t only physical — it includes emotional and relational dimensions too.

TRY THIS:

Sit beside them without trying to assess or solve.

Soften your focus. Ask:

“What feels different for you right now?”

Notice what arises first — an image, a word, a sensation, a quiet knowing. You don’t need to interpret it yet.

Just notice. If something feels layered or unclear, this is often where a guided conversation brings the most relief.



3. When Behavior Feels Personal

Sometimes we interpret behavior as intentional — directed at us.

"They're mad at me." "They're being stubborn." "They're acting out."

But animals rarely operate from spite.

More often, behavior reflects stress, boundary-setting, confusion, or unprocessed experience.

Before assuming intention, get curious about energy.

Are they mirroring something in you?

Or communicating from their own internal experience?

TRY THIS:

Take one slow breath.

Notice your own emotional state.

Then observe their posture, breath, and eyes.

Ask yourself:

***"Are they reflecting me
— or telling me something of their own?"***

The answer is often quieter than we expect
— and more tender.



4. When the Energy Between You Feels Different

Sometimes nothing is technically “wrong” — but the dynamic has shifted.

They won't leave your side.

Or they suddenly create distance.

They seem restless, or unusually still.

Animals are exquisitely sensitive to emotional and energetic change.

They may absorb your stress, respond protectively, seek closeness when something feels uncertain, or create space when they feel overwhelmed.

This isn't dysfunction. It's intimacy. It's relationship.

TRY THIS:

Calm your own nervous system first.

Slow your breath.

Relax your shoulders.

Then notice

— does their behavior shift when yours does?

Often, the conversation has already begun.



5. When You Sense Something Deeper

There are moments when a behavioral shift carries more weight.

A softness. A quieting. An urgency for closeness. A feeling of completion.

Animals move through life's phases with a deep awareness

— aging, illness, and transition included.

They may be asking for presence, for preparation,
or simply to be acknowledged
in what they're experiencing.

These are sacred moments.

They deserve calm listening, not fear.

TRY THIS:

Place your hand gently on their body. Ask:

"What do you need from me right now?"

Listen without trying to fix.

If you feel uncertain in moments like these,
having someone help you listen can bring
a peace that's hard to describe
— until you've felt it.



You Don't Have to Guess.

If something feels different with your animal, there is meaning in it.

You don't need to assume. You don't need to panic.

You don't need to dismiss what you're sensing.

You can listen. And they can finally be heard.

That's where relief begins — for both of you.

If You Need Clarity Now

If behavior has shifted, something feels layered, or you're navigating a sensitive time, a 1:1 session allows me to listen directly to your animal and help you understand what's being communicated — and to share your own heart with them in return.

BOOK A SESSION

If You Want to Learn to Hear for Yourself

If this guide opened something in you — and you feel ready to deepen that connection intentionally

— **The Journey Begins** will teach you how to listen, receive, and respond with confidence.

EXPLORE THE JOURNEY BEGINS

