
Maribeth Coye Decker, MS, MGA:

5 things Your Pets Want You to Know

So You Can Have the Relationship You Always Wanted

FULL REPORT



Sacred Grove

where people and pets
heal & connect

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About the Author

Maribeth Coye Decker grew up with animals and loves them dearly. Having read the Doctor Doolittle stories as a kid, she feels like the Spiritual Doctor Doolittle.

She began to be aware of her pets connecting with her after becoming a Reiki Master and Quantum Touch practitioner.

Her first encounter was when her dog, Timmie, who had passed on, came to visit. She caught him smiling at her out of the corner of her eye while she was at the stove one day. It was as if he was sitting in the dining room with one ear up and one ear down, like he always did in life.

When her dog, Eddie passed away, Maribeth had to get on a plane to staff an annual meeting the following day. She felt Eddie's presence on the plane throughout the flight, sitting in the aisle next to Maribeth. Eddie, always an incredibly loving dog in life, continued to comfort Maribeth so she could work the meeting.

But It was her rescue dog, Tibor that really made her pay attention to what was happening. We know that he had been abused, but we had no details. However, every time Maribeth sat next to him on the couch she would see the image of a large dog biting a man's arm. Wanting to understand what she was seeing, she began to train as an animal communicator and hone her intuitive skills. She discovered that she had the ability to connect to many animals.

Since then, Maribeth has communicated with a number of animals, including viruses (yes, viruses have intelligence), ants, caterpillars, deer, sea turtles, kangaroos, squirrels, dogs, cats, horses and foxes.

She continues to be surprised and delighted by the personalities, abilities and insights of the animals she communicates with and the information they have to share with their human family members.

Maribeth has discovered that our animals can be incredible helpmates in our journey through life. As we "tune in" to the information our animals are waiting to share with us, we see more clearly how to live a life of peace and satisfaction.

Maribeth is a retired US Navy officer and has two masters degrees, a Masters of General Administration and an MS in Organizational Development.

She lives with her husband, Charlie along with their dogs, Tibor and Stella, and cats, Mac Bunnie and Shadow in Alexandria, Virginia. Mac and Bunnie were "bequeathed" to Maribeth by her daughter, Andy, when Andy graduated from Virginia Commonwealth University and headed overseas. Maribeth's son, Pat, his human family (Genesis and Hailee) and his pit bull, Jade live a couple of miles down the road.

Introduction

People ask me on a regular basis, “Can you tell me what my pet is thinking?” Yes I can, that’s what I do. From my animal communication and healing work with animals and their humans, I have developed a profound respect for pets and their purpose in our lives. And that’s why I developed this report – to answer “Can you tell me what my pet is thinking?” in a bigger way for pet lovers.

As you know, your animals already communicate with you. Here are a few obvious examples.

If my dog Tibor has a real need to go out, he will whine and cry to get our attention. If someone is coming to the door or walking by the house, our other dog, Stella, will bark to alert me that there is someone there. If my cat Mac finds his food bowl empty, he will lead me there through meowing and other behaviors to get me to follow him to his food bowl – I confess, I have been trained. And if Mac or Bunnie, my other cat, want love, they will jump next to or on me and purr as loud as they can. I am sure you have your own stories.

But let’s go deeper.

Spirit/God provides us with many opportunities to confront and grow through the issues that we wrestle with. I believe that these issues present themselves to help us become better people.

For many of us, our relationship with our animals is a significant part of our life. I believe our animals can help us become better people through their loving acceptance – and if we’re open, to the issues they may present.

Creating the relationship you always wanted - What might that look like?

- We enjoy our time together
- We know that they are also enjoying life with us
- We commit to doing what’s best for each other in all areas of our lives
- More time is spent sharing unconditional love

Having a deep and satisfying relationship with our pets can teach us to grow and expand in goodness towards humankind and the whole world.

How does this happen?

In this report, I share the five things your pets want you to know to help you:

- Improve your relationship with them
- Spend more time enjoying their company
- Feel more connected to the inherent goodness and continuity of life, even beyond death
- Gain more patience and empathy in all areas of your life

How is this report structured?

For each of the five things your pet wants you to know, I have provided the following information.

- An in-depth explanation of what they want you to know
- Suggestions for how to use that new knowledge with your pet
- A Pet Life Lesson from my own and my clients' experiences

How will you receive the most benefit from this information?

Some of the information might be a surprise. I would recommend that you read it with an open mind.

Consider it from the perspective of, "What if it were true? What would that mean for me and my pet?" If it still doesn't ring true for you, that's OK. Try the "Into Action" suggestions. These points can lead you to an "ah hah!" moment of new awareness and clarity about your relationship with your pet. Notice what **IS** true for you and your pet.

(From my 20 plus years of working with dreams, I know that each of us has the ability to discern what is true, right and useful for us – it is the "lightbulb going on" – the "ohhhh, I get it" – the "ah hah" moment – the feeling you get when it all makes sense, even if you couldn't explain it to someone else. That's what you're looking for.)

I've included a page at the end for actions you commit to doing or insights you have gained through this report.

So let's get started.

#1: We Picked You

You're the human, you bought us, right? So why are we saying that we picked you?

Here's the deal: On a soul level, we agreed to live together in this life for a period of time. And by acquiring us, you kept your part of the agreement. Now let's figure out why we're together. Because part of the game of life is to look deeper and see what we bring to you; not just what you bring to us - food, safety, shelter, etc.

We're here to help you. *Even if we are a rescue animal with issues, this is true.*

So look beyond our non-humanity. See the love we bring, the non-logical intelligence.

We may be companions to show you what unconditional love looks like.

Maybe we're here to teach you something about yourself by reflecting a behavior, emotion or thought back at you.

Maybe we're helping you stay healthy by trying to clear a negative emotion that will eventually make you sick.

If you think of us as one of Spirit or God's personal daily messengers, you might learn a lot about yourself!

Into action:

Are you looking for a new pet for your family? Remember, we're also looking for you, so use your intuition/your gut feeling to find us. Look at our pictures or interact with us and see if we "shine for you." If you're meant to take us home, we will connect with you! Ask your partner for their gut reaction and make a joint decision.

Are you unsure as to whether you made a good decision about me? Think back - What originally made you decide to bring me home? Start with that good energy and build on it.

Why might I have chosen you? What do you need in your life that I am helping you --- or forcing you --- to focus on?

Pet Life Lessons:

Michelle's daughter, Carys wanted a horse to partner and compete with. When she met Echo, she knew he was the one. Michelle wasn't so sure – Carys is a teenager and don't parents always want to double check their kids' decisions? But Carys was insistent. They finally decided to go with Echo – and from the start, he and Carys started communicating clearly and easily. You can find Michelle and Carys talking about a session we did with Echo, how important he is in Carys' life and how he contributes to her personal growth on my Facebook page, Sacred Grove.

#2: We Want to be Family; We Want to be Your Partner

Most of us dearly want to be a happy and essential part of your family. Some of us even see ourselves as your partner in life – on a strictly platonic level, of course.

All of us have different personalities, and so express our idea of family differently – some of us are total expressions of love, some of us are cranky buddies and so on. But you can be sure of this - being a part of your family is a strong motivator to get us to change our behaviors.

When animal communicators explain how happy our humans will be if we did a certain thing or stopped doing a certain thing – when we see how the family will work better as a unit - we are very interested in pursuing a conversation that will make things better.

What's really cool is when you begin to see how *your* behavior might have had an impact on our behavior. If you are honest, you may see that you need to make some changes as well.

But one caution: Remember, (hah, hah) we have the ability and right to say no or to disagree with something you'd like us to do or stop doing. We have free will. We have personal likes and dislikes -- even if you have the ability to curtail our expression of them.

So for those things we really like doing even if you don't (or vice versa), we might need reminders once in a while. But most of us are willing to make the changes in order to be a happier family.

Into action:

- Have you done your homework to create a household where I feel like I am a valued member of the family? Feel free to read books, watch videos or get advice from reputable sources to get some good ideas. I don't mind if you binge watch *The Dog Whisperer* or *My Cat From Hell!*
- If you use an animal communicator, make sure they share how happy you will be if I become a more functional member of the family. Be ready to listen to my side and try to honor any requests or needs I have.
- Tell me (yes, talk to me in the physical world!) about how much you appreciate me. It goes a long way.
- Communicate confidently with love rather than anger or disgust. Don't make it a power struggle.

○ Observe me – Do I think I have a job in the family? What is it? If I think I have a job, you can be sure I think my job is important and want you to be proud of my contribution. Find ways to acknowledge and support me. (Even if as a cat, I believe bringing you dead mice is my contribution!)

Pet Life Lessons:

About companionship

I did sessions for a client, Debbie and her cat, Chazworth before and after he passed away. The first time Chazworth and I connected, I heard him say in a kind of confidential manner, “You know, Debbie and I are married!” Knowing Debbie well, I knew that Chaz certainly wasn’t referring to some kind of kinky relationship.

After Debbie got over the shock of his statement, she thought about it more deeply. She felt very close to this particular cat (she had had a number of cats in her life); he slept in her bed; every day she came home from work, she called to him some version of “Honey, I’m home,” AND, she admitted, she had a picture of him on her desk at work. So in a sense, they were partners akin to marriage and felt deep love for each other.

*(I was a bit reluctant to share this story because humans in the US, where I live, are currently having a discussion about which **human** relationships constitute marriage. I mean no disrespect for anyone’s beliefs.*

In every session, I hear/see/feel whatever gets the point across most clearly. So as I understand it, when I heard “we’re married,” it was a symbolic use of the word “marriage” to describe how deeply committed Chazworth felt towards Debbie.)

About pets having their own mind

I was communicating with Mary’s animals about the fact that two additional miniature donkeys were going to be introduced into the family.

At one point, we had an amusing talk with Mary’s German Shepherd, “Q,” about how much Mary disliked Q going after skunks. Imagine the smelly aftermath of those encounters. Well, Q was not convinced that she should change. She pointed out that dogs and people have very different opinions when it came to what smelled good or bad, and she was not ready to give up the skunk perfume. Those of us who have had dogs wriggle on their backs in a very smelly patch of land can attest to the truth of Q’s viewpoint. But I believe Mary is still working on Q.

#3: We Understand More Than You Think

No doubt about it, we absorb the vibration of your thoughts and your emotions.

However, we don't filter them through the logical, judgmental side of the brain you are stuck with – the one that thinks, "I shouldn't feel this way" or "I don't want to think about this." You humans are rather good at rationalizing/suppressing and so, you're not completely aware of how strongly you're attached to a thought or feeling or memory.

But we just get it. That's how we're wired. You don't have to tell us you're grieving because Nana died - - or that work is stressing you out. At a very profound physical and energetic level, we know.

And we also understand more of what you say to us than you might realize. Especially if you begin to set your intention that we will understand what you're communicating – that starts to synch up our vibrations.

Over time, if you start to notice our responses to your conversation with us, you will see that more of them are intelligent responses. Of course, we read your physical signals and tone of voice, but it's also the vibration of the thoughts you're sending out that we're understanding.

Into action:

- Have you noticed that I come to comfort you when you are upset or sad? Did you notice that you actually felt better when I stayed with you? Acknowledge me, thank me - I am really happy you noticed and I'll be there for you more often.
- Try talking to me as if I understand; not a novel, mind you. Start with a few words, a few sentences. Look for when I get it and acknowledge it. Over time, expand the discussion. I'll get the vibration of your words, thoughts and emotions clearly enough to help out.
- If you think I just communicated something to you, believe it and act on it! It encourages me to continue --- and life can get very interesting and fun!

Pet Life Lessons:

About pets understanding what we're going through

My cat, Bunnie, comes across as a standoffish, unfriendly cat to those she doesn't know. When she came to live with us, it took 2? 4? months for her to come out of the laundry room and hang out with us. It took longer for us to see that she enjoyed our company.

However, Bunnie has been a wonderful companion when I have been upset. At least three times, when I was trying to go to sleep but could not because of anxious thoughts, she came and slept next to me. In both cases, I felt my anxiety lift in about 20 minutes. Knowing that I usually cannot shake this anxiety on my own, I attribute this to Bunnie.

About our pets understanding our conversations

Our dog Stella has a wonderful habit of picking up leaves or twigs in her mouth and bringing them as a gift to people as a way of making new friends or greeting old friends. This was spontaneous on her part; no one taught her.

I was talking to a neighbor and Stella was walking around sniffing the grass, seemingly ignoring our conversation as far as I could tell. I told my neighbor how she is so amazing at giving people gifts (although she was not doing this at all). All of a sudden, she began to hunt for a leaf and proceeded to bring it to my neighbor as a gift. She understood!

#4: You Impact Our Health and Behaviors More Than You Know

Your emotions and thoughts impact us, positive and negative. We can't ignore them. We're not wired that way. Heard the expression, "If Mama ain't happy, ain't nobody happy?"

Well, "If our guardian is unhappy/angry/fearful, we are not our best selves" might be our way of translating that expression into human/pet relationships.

So it is impossible even for an animal communicator to tell us, "don't worry about your people being worried or sad or angry, it has nothing to do with you" and expect us to follow that advice.

It's like throwing us in a river and telling us if we ignore the water, we won't get wet. It doesn't work that way. We absorb your emotions and thoughts and they can negatively affect our health.

What do we do? We try to help in our own way.

You might find us trying to help you heal by taking on the negative vibration ourselves and lessening it for you.

Or we might mirror your emotions and thoughts by doing something that in animal terms, expresses what you're feeling.

The best thing you can do for us is to take care of yourself and make it a priority to do what it takes to feel good about yourself and your life.

Of course, the quality of the food you feed us, how much exercise you give us, taking care of our nails, keeping us clean, giving us fresh water --- all that physical stuff – that all counts!

CAUTION: We're not **just** your reflection in the mirror, though. We are separate souls with our own thoughts, feelings, histories and life paths – and issues. We just want to remind you that you are the leader when it comes to setting the emotional tone for us on a day-to-day basis. Our physical health and how we act is definitely impacted by how **you're** feeling about life.

Into action:

○ If I exhibit a new, negative behavior, assess what's different in the human family. Did someone in the family leave? Is there a new schedule? Is someone sick? Was there a setback at work?

- If I have a chronic physical condition, do some reading on the emotional causes of disease such as Louise Hays' book, *Heal Your Body*. Do any of the emotional causes relate to some emotions or thoughts a human in the family is carrying? Work on them!
- Don't ignore my physical body. Are you giving me good food, water and treats? Do I get enough exercise and social interactions? Am I clean, nails cut, ears OK? And don't forget to take care of your physical self, please, it matters to me.

Pet Life Lessons:

A client, Pam, asked me to see what I could do for her cat, Einstein, who was not using the litter box...Yeah, not good. She did not think Einstein liked her at all. During the session, I was sending Einstein some energy and got an intuitive hit. I asked Pam and Gary who was most stressed on the job. Gary pointed at Pam and emphatically said, "She is!" I started doing some energetic healing for Pam to help see her through the stress. It was my intuitive understanding that Einstein actually cared enough to try to "pull off" her anxiety to himself and express how "pissed off" she was so she could heal.

After I completed a healing session for Pam's job stress in addition to working with Einstein, Pam made some needed changes at work. Einstein started using the litter box and became friendlier to Pam. So Einstein's behavior, once it was consciously linked to Pam's stress about her job, was actually useful information in changing her world for the better.

#5: We Survive Death

One of the things we have not spoken of is that we teach you about losing a loved one – that it is very painful, but part of life. You learn to grieve and to figure out ways to continue without us. This can help prepare you for the deaths of humans in your life.

The good news is that we continue on after our bodies die. Our personalities survive and we remember and care for you. We also expand beyond our animal personalities over time.

From our new perspective, we can sometimes provide you with more information on what our purpose was in your life. We can even give you some advice about what you might need to pay attention to now that we're gone.

If you start asking other humans if they have heard from their pets after they died, you will hear all sorts of comforting stories.

- Sometimes we come into your dreams so we can enjoy your company and you can enjoy our company again.
- One of us started licking our person like we used to do when we were alive – woke them right up!
- Some cats like to jump up on the bed and sleep next to their people once in a while just to connect.

Be open to seeing us again. Think about us. We think and care about you.

Into action:

- If you are having a hard time with my passing, remember that I survived, I remember you and I love you. I will definitely see you when you pass – I might even be there to help you cross over when your time comes. Hang in there.
- If you are open to hearing the answer, ask me why I left when you did. The answer will most certainly provide you with a view on your life that you probably had not considered. It will make you think.
- If I contact you after I pass, don't think it's wishful thinking on your part. Good grief, I went through all that effort to contact you. Enjoy it please!

Pet Life Lessons:

My dog, Mitsubishi, was a Siberian Husky with an unquenchable thirst for life. He loved running and was a really mellow dog; he got along with everyone. One of his favorite times was the 2010 "Snowmagedon" winter in DC – he would push through the snow, which was

almost up to his belly, making a path for little Stella, our other dog, who was about 15 pounds and quite short.

Mitsu (one of his nicknames) started having seizures; we made the decision to put him down when he became unable to walk and was incontinent. We brought him home from the animal hospital into the living room, made a cozy bed on the floor for him and set a date for the vet to come to put him down. My daughter came home from college to say goodbye and my son, the neighbors and their kids and their dogs stopped by to say goodbye, tell stories about Mitsu and give him treats.

After he passed, the same evening - I received an unexpected call from an acquaintance who felt like she should check on me. I told her Mitsu had passed. She told me she could communicate with animals (which I didn't know) and that Mitsu was OK now and feeling good. An unlikely coincidence that I cherish!

Sometime later, I connected with Mitsu intuitively, asking him why he couldn't stick around longer. He chided me saying there were many other dogs out there that needed me and his time was up. I should not be greedy. As it turned out, I had recently adopted Tibor, a rescue dog, who had quite a few "issues" and was instrumental in bringing my animal communication abilities to the forefront.

Finally –

- Know that we love you unconditionally, even beyond death. It's true. Count on it.
- Enjoy the pleasures of our relationship and the memories we created together. Focus on that as you process your grief.
- Don't forget - look for signs that we have come to visit after we passed.

Worksheet

Instructions: As you read this report, take time to write down the issues and behaviors you want to change or think further about and the actions you will take to connect more clearly to your pet.

Issue, Behavior	Actions and/or Insights

What does Maribeth do?

You absolutely love your pets – you are dedicated to your animals' wellbeing and happiness and want to really enjoy all aspects of the relationship.

But you have become worried and frustrated when you are not sure how to deal with your pets' behavioral, physical or emotional issues. You might be seeing a medical practitioner, working with a trainer or animal behaviorist. But you want to know more.

Well, I can tune into your animal so you to have a two-way dialogue that provides you with a unique and expanded understanding of the situation. And when necessary, I add some energy healing for the emotional or physical issues (doesn't replace medical guidance of course!)

This gives you the ability to make better decisions and take informed actions, assured that you KNOW you are doing what is in your animal's best interest. You begin to experience that profound mutual love with your animal that is beyond the boundaries of time and mortality.

I work with pet guardians who:

- Have pets that acting out, behaving badly, fearfully, aggressively, who are ill
- Are bringing a new pet/human into the family and want a seamless integration
- Need to tell their animals about a change in the family (vacation, new home, someone leaving)
- Wonder if their animal's ready to transition
- Would like to ensure that their animal understands when and how the transition will happen so they depart without fear
- Want to see how their animal is doing after they have passed
- Would like to learn to communicate directly with their animals

You can schedule individual remote sessions via phone or Skype – I have connected to humans and their animals all over the US and even as far as South Africa.

I teach UConnect classes to help you connect more deeply with your animals.

I offer the SOS package for chronic problems.

I also offer the Perfect Endings & Transitions (PET) program if you'd like to consciously create a loving and graceful transition for your pet.

And don't forget to join my Spiritual Pet People group on Facebook!